

Annual Report Fiscal Year 2020



**Mental Health
Recovery Board**
Serving Warren & Clinton Counties

A Message from the Executive Director

2020 was a memorable year and not necessarily for all good reasons. MHRB funding to contract providers was business as usual but the Coronavirus impacted every area of our lives. Behavioral health services that were predominantly delivered face to face instead went virtual. Personal protective equipment (PPE) such as masks and gloves were in short supply and not the standard in delivery of behavioral health services pre-Covid. Virtual and telephonic client contact were not initially approved as ways to provide services. People still needed behavioral health care.

Thankfully, the Ohio legislature acted quickly to allow telehealth services through virtual and telephonic means. Our provider agencies responded swiftly to keep services available and clients engaged. Kudos to them for their efforts! And all the while, MHRB provided means so that services did not stop because of funding even before the telehealth services were approved.

The quarantine and isolation has had longer lasting impact in our communities. We have seen increased rates of depression and anxiety that have impacted the overdose and suicide rates. There is very strong anecdotal information that children are struggling with these same issues. We

addressed this through increased awareness messaging via media and social media campaigns that highlighted depression in the elder population, substance misuse, mental health stigma, and self-worth.



Treatment services are important, and recovery supports are equally valuable to ensure that treatment translates into stability at work, home, and play. To that end, we have had the opportunity to fund services such as housing, vocational training, peer support, and mentoring.

Prevention services are the key to reducing future substance abuse, depression, and other mental health concerns. This is a community effort to be healthier and wiser about the decisions that we make as individuals.

MHRB is grateful for your support of our local levy. Accounting for more than 50 percent of our annual budget, the levy allows us to fund needed services and supports for our community. We are the behavioral health safety net for Warren and Clinton Counties. If you have questions about our funded services, please contact us at (513) 695-1695.

Colleen

Highlights of FY2020

ACCESS TO OUTPATIENT SERVICES:

Across the MHRB outpatient providers, the typical wait time from request for services to first appointment averaged 1-4 days for adults requesting mental health or substance use treatment. Wait time for youth was slightly longer averaging 5-16 days. Our providers are far below the industry standard of 28 days, making these services readily available in a timely manner.

COST OF SERVICES:

Our outpatient providers accept many payer sources including Medicaid, Medicare, Private Insurance and other coverage. However, when an individual is uninsured or underinsured (high deductible/co-pay), treatment services are still available based upon a sliding fee scale. Coverage is provided by MHRB to Warren and Clinton County residents with a household income of up to 400% of the Federal Poverty Level. In FY20, 13% of those who entered outpatient treatment had no insurance. When this is the case, the individual can be connected to a Benefit Specialist to assist with applying for resources.

CRISIS HOTLINE and RESPONSE:

Our crisis hotline provides support 24/7, as well as dispatching in-person crisis teams. During FY20, a total of nearly 3,400 calls were received, averaging 282 per month. In-person response was needed in 19 percent of the cases. In these cases, response was in less than 60 minutes 92 percent of the time.

EARLY CHILDHOOD MENTAL HEALTH CONSULTATION:

During FY20, 64 young children were referred by early childhood centers/day cares for consultative services due to behavioral concerns. Of these, 25 were at risk for expulsion. Ultimately, 19 children were maintained in the centers through collaborative between the parents, center staff and the consultant. Observations were provided to 235 classrooms with follow-up teacher consultation/recommendations.

<i>Crisis Hotline Calls, FY 2020</i>		
Total Calls	3400	100 percent
In-person response needed	646	19 percent
In-person response in less than 60 minutes	595	92 percent



Highlights of FY2020 (cont'd)

TREATMENT & RECOVERY SUPPORTS

Providers treated more than 1,300 individuals with a severe mental illness diagnosis during FY2020. In addition, case management services provided care to over 900 individuals.

Working in homeless shelters, providers funded through MHRBWCC connected 50 people to treatment services.

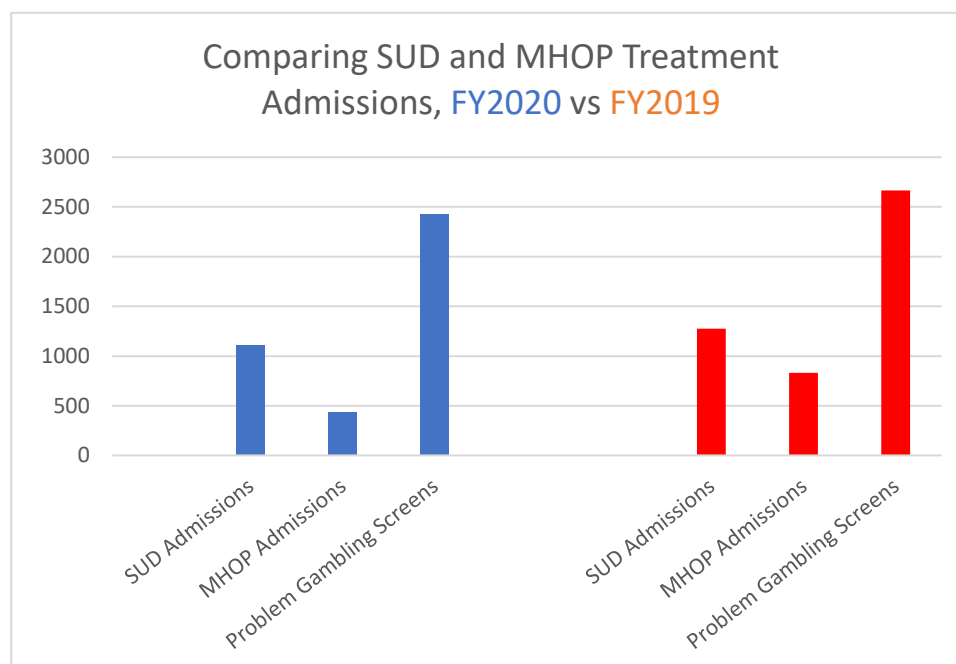
MHRBWCC funds transitional, permanent supportive housing and recovery housing for residents of Warren and Clinton Counties who need such assistance. In FY2020, 90 individuals found help through permanent, supportive housing.

Peer Support - a growing and increasingly integral component of mental health and addiction treatment to residents - provided on average more than 100 individuals in community or jail settings with a variety of services and interaction to assist in their recovery.

MENTAL HEALTH OUTPATIENT TREATMENT

Despite COVID-19 closing in-person appointments for period of time, the agencies handling outpatient services for mental health and substance use disorder needs still saw numbers of individuals seeking treatment comparable to FY 2019.

With the ability to utilize telehealth for sessions, admissions to treatment stayed fairly consistent. In FY 2020, providers admitted more than 1100 individuals seeking treatment for substance use disorders, and over 850 persons looking for help with a mental health concerns. This compares with 1245 and 833 in the previous year, respectively. Agencies also conducted 2,425 problem gambling screenings in FY 2020, down slightly from 2666 in FY 2019. These numbers, though down slightly (likely due to the COVID pandemic) still reflect a consistent need for services in our communities.



MHRB in the Community

Before COVID-19 shut down all in-person events and outside activities, MHRB was participating in community activities to educate people about mental health and addiction, as well as present informational materials to people attending.



Jeff Rhein, MHRB Deputy Director of Substance Use Disorders, Criminal Justice, and Outpatient Mental Health talks with Rodney Lear for “Sunday Morning Magazine” on several Cincinnati radio stations.



MHRB staff stepped out to walk for suicide awareness in walk to benefit SAVE (Suicide Awareness Voices of Education) in October 2019.



MHRB staff donated presents to Warren County Children Services to help make Christmas 2019 a bit brighter for kids in foster care.



Events like “Let’s Lebanon!” provided an avenue for MHRB to share information and education about the importance of treating mental health and substance use disorders.



At left: MHRB and contracted provider agencies sponsored trainings for staff and affiliated agencies, such as this training on trauma and human trafficking in October 2019.

MHRB Board of Directors



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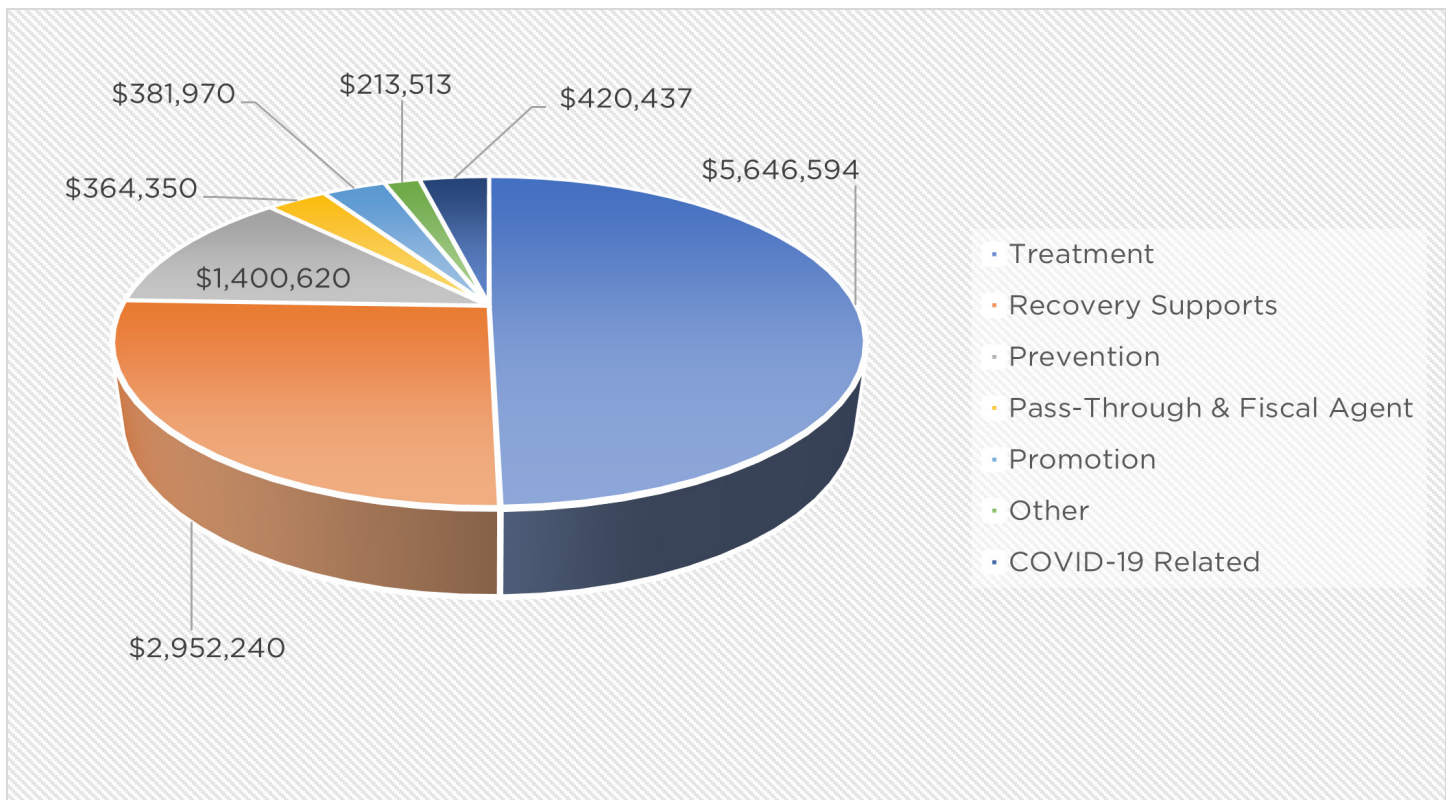
Jeff Rhein, Deputy Director of Substance Use
Disorders, Criminal Justice & Outpatient Mental
Health

Karen Robinson, Chief Fiscal Officer

Dee Dee Tewani, Accounting Clerk

Financial Summary FY 2020

Revenue		Expenses	
Local Levy	\$6,473,429	Board Administration	\$1,035,211
State - Mental Health	\$3,635,063	Board Operated Services	\$732,988
State - Substance Use Disorder	\$504,976	Capital	\$88,254
Federal - Mental Health	\$272,597	Contract Services	\$10,997,754
Federal - Substance Use Disorder	\$974,262		
Grants & Other Revenue	\$389,680		
Pass-through & Fiscal Agent	\$364,350		
TOTAL REVENUE	\$12,614,357	TOTAL EXPENSES	\$12,854,207





Mental Health Recovery Board

Serving Warren & Clinton Counties

ADMINISTRATIVE OFFICE

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